

OCTOBER 22, 2021

# POSTER FROM THE PRINCIPAL

Greetings,

Important information regarding Vaping and Bullying was sent out on Wednesday. Please take a moment to read it if you haven't already done so. There is a very short eye-opening video on Vaping that all parents would benefit from watching.

Students must follow our dress code policy:

Beginning on November 1st, students out of the dress code will be given a misconduct/serve detention. The dress code is as follows: Either Flynn & O'Hara school pants or solid black denim pants and school polo or Cougar Gear shirt through BSN Sports. Students may wear a sweatshirt or fleece from Flynn & O'Hara or through BSN. On PE days, students may wear solid black sweatpants. Black shoes or all-black sneakers are allowed. If you are still waiting for uniforms through Flynn & O'Hara or BSN, please communicate that to Ms. Boyle at [aboyle@martinluthernyc.org](mailto:aboyle@martinluthernyc.org). While you are awaiting items, you may wear a solid polo or a solid/plain black or red sweatshirt/hoodie. No other colors/designs/decorations will be permitted.

In celebration of **Red Ribbon Week**, a week set aside for drug prevention, you can dress down as long as you follow these guidelines!! No ripped, torn, or frayed jeans. No crocs or slides on your feet.

**Monday:** "Sock it to drugs!" Wear crazy socks.

**Tuesday:** "Team up against drugs": Wear a Sports Jersey.

**Wednesday:** Wear RED, the official color of Red Ribbon Week, to stand for Reform: changing something in your life in order to improve it.

**Thursday:** "Lei off drugs": Wear Hawaiian clothes.

**Friday:** "Too bright for drugs": Wear Neon.

Colored clothes and accessories.

## REMINDERS

### FOOD SERVICE:

**CONTACTLESS  
PAYMENT USING ID  
CARDS IS MANDATORY  
FOR PURCHASE.  
CARDS CAN BE  
REPLENISHED ONLINE  
AT PAYSCHOOLS  
[HTTPS://PAYSCHOOLS  
CENTRAL.COM/](https://payschoolscentral.com/)  
OR SEND YOUR CHILD  
WITH MONEY TO HAVE  
MRS. FERRANDINO ADD  
TO THEIR LUNCH CARD**

**STUDENTS NEED TO  
COMPLETE DAILY  
HEALTH SCREENING  
EACH MORNING BEFORE  
ENTERING THE  
BUILDING.**

**STUDENTS ARE  
ALLOWED TO ENTER  
AND EXIT THROUGH THE  
MAIN ENTRANCE OR  
BACK ENTRANCE.  
TEMPERATURE CHECKS  
AND SCREENING AT  
BOTH LOCATIONS.**



# Message to Students

Schedule for the Week of 10/25

10/25 - Regular Schedule

10/26 - Regular Schedule/College Fair

10/27 - Regular Schedule

10/28 - Regular Schedule/12th Grade Graduation Pictures

10/29 - Regular Schedule/8th Grade Graduation Pictures

**"Don't let yesterday  
take up too much of  
today".**

Our Cougar Parent Club is holding its Annual Holiday Boutique on Saturday, November 6th from 10 am to 4 pm. Vendors include jewelry, candles, baked goods, food products, household items, and much much more. Only new items are for sale. Students can volunteer for this event to earn service hours. If interested, email or speak with Mrs. Younghese.

**Attention 12th graders!** - Graduation Portraits will be on Thursday, October 28th during the school day. Boys - you must bring or wear a button-down white collared shirt. Girls - we suggest you wear a light-colored tank top under your school polo since your gown is white.

**Attention 8th graders!** - Graduation Portraits will be on Friday, October 29th during the school day.

Our World's Finest Chocolate Sale continues! If you can help by selling a box of chocolate, please email me to let me know to send a box home with your child. We are only 13 boxes away from reaching our goal of 100 boxes!! Many thanks for your support.

**Covid-19 Testing schedule reminder.** Testing may be Rapid or PCR. (remember to submit results)

- Unvaccinated Middle School Students will test monthly between Oct.14-17, Nov.11-14, Dec. 4-7.
- Unvaccinated High School Students will test monthly between Oct. 28-31, Nov.27-30, Dec. 17-20.

If you have a child in Middle School and High School, please test on the Middle School Schedule.

Fully Vaccinated individuals are not required to test. If your child is fully vaccinated, please submit a copy of their card if you have not already done so. Reminder: A person is considered fully vaccinated 2 weeks after completion of a 2-dose series or a 1 dose series.

Blessings,  
Mrs. Younghese



**Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand." Isaiah 41:10**

## Lunch Menu

**Monday - Spaghetti & meatballs w/ cornbread**

**Tuesday - Chicken parm w/ pasta**

**Wednesday - Mac & cheese/ garlic bread**

**Thursday - Chicken drumstick w/ mashed potatoes**

**Friday - Ribs w/ roasted potatoes**



New members of the National Honor Society and Junior Honor Society will be inducted at Chapel on Wednesday, Sept. 29th beginning at 8:05 am. Family members of students being inducted are invited to join us. Family members must show proof that they are fully vaccinated or a negative Covid test taken within 72 hours of the ceremony.

On Wednesday, October 13th, all seniors will take the In-School SAT for \$55. If you want to opt your senior out of taking the SAT, please let Mrs. Lecakes know by this evening. Payment can be made to the Finance Office by Sept. 30th.

Blessings,  
Mrs. Younghese



Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand." Isaiah 41:10

## **Lunch Menu**


**Monday: Sausage and peppers with rice**

**Tuesday: Baked Ziti w/cornbread**

**Wednesday: BLT & Grilled Cheese**

**Thursday: Ribs with Mash Potatoes and Vegetables**

**Friday: Mac & Cheese w/Cornbread**

The background is a dark blue field decorated with several stylized gift boxes and ribbons. In the top left, a large gold ribbon bow is prominent. To its right is a white gift box with gold and green ribbons. Further right is a blue gift box. In the middle right, a red gift box with a gold ribbon bow is shown. At the bottom right, another red gift box with a gold ribbon bow is visible. The text is centered in the upper half of the image.

# MARTIN LUTHER SCHOOL HOLIDAY BOUTIQUE

November 6th 10am-4pm.

MLS PARKING LOT and GYM

**SPONSORED BY THE  
COUGAR PARENT CLUB**

**PROCEEDS SUPPORT  
MLS EXTRA-CURRICULAR ACTIVITIES**

**ONLY NEW ITEMS FOR SALE**

**JEWELRY, CANDLES, BAKED GOODS, FOOD PRODUCTS,  
HOMEMADE  
BATH PRODUCTS, CUSTOM HOUSEHOLD ITEMS AND MUCH  
MORE**

Indoor AND Outdoor

Rain date NOV 13

**Current Covid Guidelines will be followed**

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