



Dear Parent/Guardian/Student:

In accordance with Martin Luther School Policy and the New York State Department of Education Law, a physical examination is required for students:

- entering 7<sup>th</sup>, 9<sup>th</sup>, and 11<sup>th</sup> grades but is recommended annually
- entering the school for the first time
- who wish to participate in sports and is required yearly

All exams are acceptable for 12 months from the date of examination with the exception of any illness or injury. All forms must be signed, dated and stamped by your child's health care provider in order to be accepted.

In addition ALL IMMUNIZATIONS must be updated, signed, stamped and dated by your child's health care provider in order to be accepted. Students who are not immunized are not permitted to come to school.

COVID: awaiting information from the NYSDOH for the 2022-2023 year. If your child has recently been vaccinated or boosted please submit updated information.

If your child has need of medication daily or intermittently (for example - asthma pump or epi- pen), please have your health care provider fill out, sign and stamp the Authorization of Administration of Medication and Independent Carry and Use forms.

As of July 2012, all parent/guardians must be aware of the concussion protocol Martin Luther must follow as per NYS law if your child is diagnosed with a concussion. Please review the student and parent information sheet. Parents/guardians are encouraged to obtain a baseline concussion test for their child.

As of July 1, 2022 all parents/guardians/students must have information on Sudden Cardiac Arrest (SCA) risks, signs and symptoms. Please review the SCA information sheet.

All forms and information sheets are available on the web page [www.martinlutherschoolnyc.org](http://www.martinlutherschoolnyc.org) under the Athletics tab (click on printable forms to download/ print the form(s) you need) and at the attendance office.

ATHLETES PLEASE NOTE: Besides the above, there are other forms to be completed. All required documentation must be handed in prior to the start of the sport season your child is trying out for or participating in. Students will not be permitted to try out or practice without the required paperwork. Any illness or injury sustained prior to the start of the athletic season or after completion of the physical examination form will require a health care provider's note of release in order to participate. Students who participate in more than one season will be required to fill out each season's forms. See checklist on webpage.

I may be reached at [aboyle@martinluthernyc.org](mailto:aboyle@martinluthernyc.org) or 718-894-4000 ext.127 with any further questions you may have.

Sincerely,

Ann Boyle  
Athletic Director