



Dear Parent/Guardian/Student:

We want to take this opportunity to remind you of important health requirements for the upcoming school year. Please review the information below. In accordance with New York State/City Law and Martin Luther School Policy **a HEALTH (physical) EXAMINATION** is required for students:

- entering 7th, 9th, and 11th grades but is recommended annually
- who are new to the school
- who wish to participate in athletics (sports) and is required yearly
- working papers (obtain instructions and required forms at Attendance Office)

All exams are acceptable for 12 months from the date of examination with the exception of any illness or injury. ***All forms must be signed, dated and stamped by your child's health care provider in order to be accepted. Note: Both City and State forms are to be completed.***

IMMUNIZATIONS (shots/vaccines): In addition, New York State/City Law and Martin Luther School Policy require all students entering or attending (including remotely) school must receive all doses of immunizations required for their grade level in order to attend school. Students who are not immunized are not permitted to come to school. Information may be found on NYSDOH Immunization Requirements for School Entrance. ***ALL IMMUNIZATIONS must be updated, signed, stamped and dated by your child's health care provider in order to be accepted.*** (Note: New Yorkers may obtain their vaccination records from the Citywide Immunization Registry (CIR) at My Vaccine record or from their vaccination provider). The NYC Health Department strongly urges a yearly Flu and COVID shot.

PRESCRIBED & OVER THE COUNTER MEDICATIONS: If your child has need of medication daily or intermittently during the school day (for example - asthma pump, epi- pen, diabetes etc.), please have your health care provider fill out, sign and stamp the appropriate Medication Administration Form (MAF). See checklist below. The medication must be brought to the school by an adult. The medications must be in their original labeled prescription or over-the-counter bottles/packaging. Any special supplies or equipment for the nurse to administer the medication must also be provided to the school.

As of July 2012 and July 2023, all parent/guardians must be aware of the **concussion protocol** Martin Luther must follow as per NYS law if your child is diagnosed with a concussion. Please review the student and parent information sheet. Parents/guardians are encouraged to obtain a baseline concussion test for their child.

As of July 1, 2022 all parents/guardians/students must have information on **Sudden Cardiac Arrest** (SCA) risks, signs and symptoms. Please review the SCA information sheet.

See checklist on page 2.

All forms and information sheets are available on the web page www.martinlutherschoolnyc.org under the Academics & Athletics tab (click on printable forms to download/ print the form(s) you need) on Plus Portals – Communications=School Resources Tab; and at the attendance office.

ATHLETES PLEASE NOTE: Besides the above, there are other forms to be completed. All required documentation must be handed in prior to the start of the sport season your child is trying out for or participating in. Students will not be permitted to try out or practice without the required paperwork. Any illness or injury sustained prior to the start of the athletic season or after completion of the physical examination form will require a health care provider's note of release in order to participate. Students who participate in more than one season will be required to fill out each season's forms. See checklist on page 2.

I may be reached at aboyle@martinluthernyc.org or 718-894-4000 ext.127 with any further questions you may have.

Sincerely,

Ann Boyle
Athletic Director

24-25 Martin Luther School Health Form Requirements and Checklist

All forms and information sheets are available on the web page www.martinlutherschoolnyc.org under the Academics & Athletics tab (click on printable forms to download/ print the form(s) you need) on Plus Portals – Communications=School Resources Tab; and at the attendance office.

FOR ALL STUDENTS:

1. **NYC DOHMH Child and Adolescent Health Examination Form (May 2023) AND NYS School Health Examination Form** – required for new students, those in grades 7,9,11 and Athletes (yearly). **NOTE: BOTH NYC & NYS Forms must be completed.**
2. Updated Immunization Record- required for all students
3. Medical Administration Form(s):
 - Allergies/Anaphylaxis – if applicable required yearly
 - Asthma- if applicable required yearly
 - Diabetes – if applicable required yearly
 - General Medication- if applicable required yearly
 - Seizure – if applicable required yearly
4. Please Read: Concussion and Sudden Cardiac Arrest Information – required yearly

ATHLETES: in addition to the above (THE ABOVE FORMS ARE FOUND UNDER THE ACADEMIC TAB) the following forms must be completed (refer to Athletic Tab):

- Athletic Attestation- required each season
- Athletic Emergency Information Card
- Athletic Interval Health History – required each season (completed 30 days or less before the start of the season)
- Athletic Parental Consent Form – required each season (completed 30 days or less before the start of the season)
- Athletic Transportation Waiver Form