



Each year, the School Counselor meets with students individually to set academic, extracurricular, and personal goals. These goals are aligned with the Martin Luther School Graduation Requirements, NY State Education Graduation Standards, and Career Plan Guidelines.

Freshman Year:

- Self-Discovery as a Student: Through a Learning Style Assessment, students will explore how they learn best (assessment from Education Planner).
- Post-Graduation Planning: Start early discussions about career interests and future goals.
- PSAT and Regents Exams: Registration for the PSAT in the fall and appropriate Regents exams in June.

Sophomore Year:

- Understanding Vocational Interests: Using John Holland's Career Personality Codes, students will identify their work-related strengths and interests.
- Career Goals: Refine and expand their post-graduation plans.
- PSAT and Regents Exams: Registration for the PSAT in the fall and Regents exams in January or June.

Junior Year:

- Exploring College Options: Students will undergo a College Personality Assessment to better understand what type of institution suits them (from U.S. News & World Report).
- Post-Graduation Preparation: More detailed discussions on future plans.
- Standardized Testing: Registration for PSAT, Regents exams, and guidance on registering for the SAT, ACT, and TOEFL exams.
- College Application Essays: Collaborative support for crafting successful college application essays.

Senior Year:

- Transitioning to Adulthood: Focus on students' roles and responsibilities as adults.
- Finalizing Post-Graduation Plans: Solidify decisions regarding college or career paths.
- Standardized Testing: Registration for Regents exams and guidance on completing final SAT, ACT, or TOEFL exams.
- College Applications and Financial Aid: Assistance with completing college and financial aid applications.
- Letters of Recommendation and Resumes: Collaboration with faculty to help students secure letters of recommendation and build their resumes.